

1 in 5

teens and young
adults live with a
mental health
condition.

YOUTH MENTAL HEALTH FIRST AID VIRTUAL TRAINING

Youth Mental Health First Aid is a free, virtual training that teaches you how to identify and respond to the signs and symptoms of mental health crisis and substance abuse disorders in youth ages 0-18. 57.8% of Arizonans age 12-17 who have depression don't receive any care. You can be the trusted adult that helps the youth in your community get the help they need.

Upcoming Virtual Training Dates:

- Wednesday, July 16th - 9am - 4pm
- Friday, September 26th - 9am - 4pm

SCAN THE QR CODE
TO PRE-REGISTER



Contact us for more information:

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